1. **VALIDITAS DAN RELIABILITAS SKALA**
2. VALIDITAS SKALA STRES
3. RELIABILITAS SKALA STRES
4. RELIABILITAS SKALA STRES SETELAH ELIMINASI AITEM
5. VALIDITAS SKALA *HARDINESS*
6. RELIABILITAS SKALA *HARDINESS*
7. RELIABILITAS SKALA *HARDINESS* SETELAH ELIMINASI AITEM
8. VALIDITAS SKALA PENYESUAIAN DIRI
9. RELIABILITAS SKALA PENYESUAIAN DIRI
10. RELIABILITAS SKALA PENYESUAIAN DIRI SETELAH ELIMINASI AITEM

1. **RELIABILITAS SKALA STRES**

| **Reliability Statistics** | |
| --- | --- |
| Cronbach's Alpha | N of Items |
| .911 | 19 |

1. **RELIABILITAS SKALA *HARDINESS***

| **Reliability Statistics** | |
| --- | --- |
| Cronbach's Alpha | N of Items |
| .934 | 20 |

1. **RELIABILITAS SKALA PENYESUAIAN DIRI**

| **Reliability Statistics** | |
| --- | --- |
| Cronbach's Alpha | N of Items |
| .922 | 28 |

1. **DESKRIPSI DATA PENELITIAN**

| **Statistics** | | | | |
| --- | --- | --- | --- | --- |
|  |  | STRES | HARDINESS | PENYESUAIAN\_DIRI |
| N | Valid | 116 | 116 | 116 |
| Missing | 0 | 0 | 0 |
| Mean | | 42.98 | 56.34 | 77.59 |
| Median | | 42.00 | 57.00 | 78.50 |
| Std. Deviation | | 8.299 | 8.517 | 10.334 |
| Range | | 39 | 43 | 50 |
| Minimum | | 25 | 34 | 52 |
| Maximum | | 64 | 77 | 102 |

1. **HASIL UJI NORMALITAS**

| **One-Sample Kolmogorov-Smirnov Test** | | | | |
| --- | --- | --- | --- | --- |
|  |  | STRES | HARDINESS | PENYESUAIAN\_DIRI |
| N | | 116 | 116 | 116 |
| Normal Parametersa | Mean | 42.98 | 56.34 | 77.59 |
| Std. Deviation | 8.299 | 8.517 | 10.334 |
| Most Extreme Differences | Absolute | .063 | .087 | .071 |
| Positive | .063 | .048 | .071 |
| Negative | -.036 | -.087 | -.063 |
| Kolmogorov-Smirnov Z | | .676 | .940 | .760 |
| Asymp. Sig. (2-tailed) | | .751 | .340 | .611 |
| a. Test distribution is Normal. | |  |  |  |
|  |  |  |  |  |

1. **HASIL UJI LINEARITAS**

**UJI LINEARITAS (STRES\*HARDINESS)**

| **ANOVA Table** | | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  | Sum of Squares | df | Mean Square | F | Sig. |
| STRES \* HARDINESS | Between Groups | (Combined) | 5379.846 | 34 | 158.231 | 5.046 | .000 |
| Linearity | 4234.244 | 1 | 4234.244 | 135.023 | .000 |
| Deviation from Linearity | 1145.602 | 33 | 34.715 | 1.107 | .348 |
| Within Groups | | 2540.120 | 81 | 31.360 |  |  |
| Total | | 7919.966 | 115 |  |  |  |

**UJI LINEARITAS (STRES\*PENYESUAIAN DIRI)**

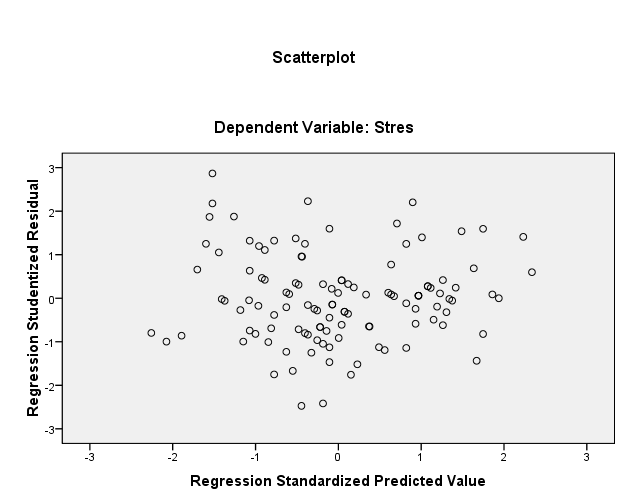
| **ANOVA Table** | | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  | Sum of Squares | Df | Mean Square | F | Sig. |
| STRES \* PENYESUAIAN\_DIRI | Between Groups | (Combined) | 5527.616 | 39 | 141.734 | 4.503 | .000 |
| Linearity | 3779.686 | 1 | 3779.686 | 120.073 | .000 |
| Deviation from Linearity | 1747.929 | 38 | 45.998 | 1.461 | .081 |
| Within Groups | | 2392.350 | 76 | 31.478 |  |  |
| Total | | 7919.966 | 115 |  |  |  |

1. **HASIL UJI MULTIKOLINEARITAS**

| **Coefficientsa** | | | |
| --- | --- | --- | --- |
| Model | | Collinearity Statistics | |
| Tolerance | VIF |
| 1 | Hardiness | .341 | 2.930 |
| Penyesuaian\_diri | .341 | 2.930 |
| a. Dependent Variable: Stres | | |  |

1. **HASIL UJI HETEROKEDASTISITAS**

**(DENGAN SCATTERPLOT)**



**(DENGAN UJI GLEJSER)**

| **Coefficientsa** | | | | | | |
| --- | --- | --- | --- | --- | --- | --- |
| Model | | Unstandardized Coefficients | | Standardized Coefficients | t | Sig. |
| B | Std. Error | Beta |
| 1 | (Constant) | .073 | 2.428 |  | .030 | .976 |
| Hardiness | .120 | .064 | .293 | 1.874 | .063 |
| Penyesuaian\_diri | -.033 | .053 | -.099 | -.632 | .529 |
| a. Dependent Variable: Abs\_RES | | |  |  |  |  |

1. **HASIL UJI HIPOTESIS (REGRESI LINEAR BERGANDA)**

| **Model Summary** | | | | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Model | R | R Square | Adjusted R Square | Std. Error of the Estimate | Change Statistics | | | | |
| R Square Change | F Change | df1 | df2 | Sig. F Change |
| 1 | .750a | .563 | .555 | 5.536 | .563 | 72.730 | 2 | 113 | .000 |
| a. Predictors: (Constant), Penyesuaian\_diri, Hardiness | | | | |  |  |  |  |  |

| **ANOVAb** | | | | | | |
| --- | --- | --- | --- | --- | --- | --- |
| Model | | Sum of Squares | df | Mean Square | F | Sig. |
| 1 | Regression | 4457.324 | 2 | 2228.662 | 72.730 | .000a |
| Residual | 3462.642 | 113 | 30.643 |  |  |
| Total | 7919.966 | 115 |  |  |  |
| a. Predictors: (Constant), Penyesuaian\_diri, Hardiness | | | | |  |  |
| b. Dependent Variable: Stres | | |  |  |  |  |

| **Coefficientsa** | | | | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Model | | Unstandardized Coefficients | | Standardized Coefficients | t | Sig. | Correlations | | |
| B | Std. Error | Beta | Zero-order | Partial | Part |
| 1 | (Constant) | 88.231 | 3.938 |  | 22.405 | .000 |  |  |  |
| Hardiness | -.486 | .103 | -.499 | -4.703 | .000 | -.731 | -.405 | -.293 |
| Penyesuaian\_diri | -.230 | .085 | -.286 | -2.698 | .008 | -.691 | -.246 | -.168 |
| a. Dependent Variable: Stres | | |  |  |  |  |  |  |  |

**HASIL UJI BEDA TINGKAT STRES, *HARDINESS* DAN PENYESUAIAN DIRI BERDASARKAN JENIS KELAMIN**

| **Group Statistics** | | | | | |
| --- | --- | --- | --- | --- | --- |
|  | Jenis\_Kelamin | N | Mean | Std. Deviation | Std. Error Mean |
| Stres | laki-laki | 58 | 40.47 | 7.521 | .988 |
| perempuan | 58 | 45.50 | 8.336 | 1.095 |
| Hardiness | laki-laki | 58 | 58.24 | 7.801 | 1.024 |
| perempuan | 58 | 54.45 | 8.842 | 1.161 |
| Penyesuaian\_diri | laki-laki | 58 | 80.05 | 9.502 | 1.248 |
| perempuan | 58 | 75.14 | 10.623 | 1.395 |

| **Independent Samples Test** | | | | | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  | Levene's Test for Equality of Variances | | t-test for Equality of Means | | | | | | |
|  |  | F | Sig. | t | df | Sig. (2-tailed) | Mean Difference | Std. Error Difference | 95% Confidence Interval of the Difference | |
|  |  | Lower | Upper |
| Stres | Equal variances assumed | .334 | .565 | -3.415 | 114 | .001 | -5.034 | 1.474 | -7.955 | -2.114 |
| Equal variances not assumed |  |  | -3.415 | 112.816 | .001 | -5.034 | 1.474 | -7.955 | -2.114 |
| Hardiness | Equal variances assumed | 1.136 | .289 | 2.450 | 114 | .016 | 3.793 | 1.548 | .726 | 6.860 |
| Equal variances not assumed |  |  | 2.450 | 112.256 | .016 | 3.793 | 1.548 | .725 | 6.861 |
| Penyesuaian\_diri | Equal variances assumed | 1.690 | .196 | 2.626 | 114 | .010 | 4.914 | 1.872 | 1.206 | 8.621 |
| Equal variances not assumed |  |  | 2.626 | 112.611 | .010 | 4.914 | 1.872 | 1.206 | 8.622 |

**HASIL UJI BEDA TINGKAT STRES, *HARDINESS* DAN PENYESUAIAN DIRI BERDASARKAN USIA**

| **Descriptives** | | | | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  | N | Mean | Std. Deviation | Std. Error | 95% Confidence Interval for Mean | | Minimum | Maximum |
|  |  | Lower Bound | Upper Bound |
| stres | 17 tahun | 2 | 49.50 | 3.536 | 2.500 | 17.73 | 81.27 | 47 | 52 |
| 18 tahun | 33 | 44.21 | 9.636 | 1.677 | 40.80 | 47.63 | 25 | 63 |
| 19 tahun | 44 | 41.66 | 7.894 | 1.190 | 39.26 | 44.06 | 25 | 64 |
| 20 tahun | 27 | 43.11 | 7.159 | 1.378 | 40.28 | 45.94 | 30 | 57 |
| 21 tahun | 5 | 46.60 | 10.900 | 4.874 | 33.07 | 60.13 | 36 | 60 |
| 22 tahun | 5 | 39.60 | 5.320 | 2.379 | 32.99 | 46.21 | 34 | 46 |
| Total | 116 | 42.98 | 8.299 | .771 | 41.46 | 44.51 | 25 | 64 |
| hardiness | 17 tahun | 2 | 48.50 | 6.364 | 4.500 | -8.68 | 105.68 | 44 | 53 |
| 18 tahun | 33 | 54.06 | 9.327 | 1.624 | 50.75 | 57.37 | 34 | 73 |
| 19 tahun | 44 | 59.41 | 7.720 | 1.164 | 57.06 | 61.76 | 40 | 77 |
| 20 tahun | 27 | 55.15 | 7.936 | 1.527 | 52.01 | 58.29 | 41 | 67 |
| 21 tahun | 5 | 52.40 | 9.290 | 4.155 | 40.87 | 63.93 | 43 | 62 |
| 22 tahun | 5 | 58.00 | 5.788 | 2.588 | 50.81 | 65.19 | 52 | 67 |
| Total | 116 | 56.34 | 8.517 | .791 | 54.78 | 57.91 | 34 | 77 |
| Penyesuaian\_diri | 17 tahun | 2 | 70.50 | 3.536 | 2.500 | 38.73 | 102.27 | 68 | 73 |
| 18 tahun | 33 | 74.21 | 9.823 | 1.710 | 70.73 | 77.70 | 59 | 97 |
| 19 tahun | 44 | 80.98 | 10.985 | 1.656 | 77.64 | 84.32 | 52 | 102 |
| 20 tahun | 27 | 76.48 | 7.949 | 1.530 | 73.34 | 79.63 | 62 | 91 |
| 21 tahun | 5 | 73.80 | 16.053 | 7.179 | 53.87 | 93.73 | 53 | 96 |
| 22 tahun | 5 | 82.80 | 4.868 | 2.177 | 76.76 | 88.84 | 77 | 87 |
| Total | 116 | 77.59 | 10.334 | .959 | 75.69 | 79.50 | 52 | 102 |

| **ANOVA** | | | | | | |
| --- | --- | --- | --- | --- | --- | --- |
|  |  | Sum of Squares | df | Mean Square | F | Sig. |
| stres | Between Groups | 334.997 | 5 | 66.999 | .972 | .438 |
| Within Groups | 7584.968 | 110 | 68.954 |  |  |
| Total | 7919.966 | 115 |  |  |  |
| hardiness | Between Groups | 838.584 | 5 | 167.717 | 2.459 | .037 |
| Within Groups | 7503.623 | 110 | 68.215 |  |  |
| Total | 8342.207 | 115 |  |  |  |
| Penyesuaian\_diri | Between Groups | 1222.624 | 5 | 244.525 | 2.433 | .039 |
| Within Groups | 11057.333 | 110 | 100.521 |  |  |
| Total | 12279.957 | 115 |  |  |  |

| **Multiple Comparisons** | | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Bonferroni |  |  |  |  |  |  |  |
| Dependent Variable | (I) usia | (J) usia | Mean Difference (I-J) | Std. Error | Sig. | 95% Confidence Interval | |
| Lower Bound | Upper Bound |
| stres | 17 tahun | 18 tahun | 5.288 | 6.047 | 1.000 | -12.86 | 23.43 |
| 19 tahun | 7.841 | 6.004 | 1.000 | -10.17 | 25.86 |
| 20 tahun | 6.389 | 6.085 | 1.000 | -11.87 | 24.65 |
| 21 tahun | 2.900 | 6.948 | 1.000 | -17.95 | 23.75 |
| 22 tahun | 9.900 | 6.948 | 1.000 | -10.95 | 30.75 |
| 18 tahun | 17 tahun | -5.288 | 6.047 | 1.000 | -23.43 | 12.86 |
| 19 tahun | 2.553 | 1.912 | 1.000 | -3.18 | 8.29 |
| 20 tahun | 1.101 | 2.155 | 1.000 | -5.36 | 7.57 |
| 21 tahun | -2.388 | 3.985 | 1.000 | -14.35 | 9.57 |
| 22 tahun | 4.612 | 3.985 | 1.000 | -7.35 | 16.57 |
| 19 tahun | 17 tahun | -7.841 | 6.004 | 1.000 | -25.86 | 10.17 |
| 18 tahun | -2.553 | 1.912 | 1.000 | -8.29 | 3.18 |
| 20 tahun | -1.452 | 2.030 | 1.000 | -7.54 | 4.64 |
| 21 tahun | -4.941 | 3.919 | 1.000 | -16.70 | 6.82 |
| 22 tahun | 2.059 | 3.919 | 1.000 | -9.70 | 13.82 |
| 20 tahun | 17 tahun | -6.389 | 6.085 | 1.000 | -24.65 | 11.87 |
| 18 tahun | -1.101 | 2.155 | 1.000 | -7.57 | 5.36 |
| 19 tahun | 1.452 | 2.030 | 1.000 | -4.64 | 7.54 |
| 21 tahun | -3.489 | 4.043 | 1.000 | -15.62 | 8.64 |
| 22 tahun | 3.511 | 4.043 | 1.000 | -8.62 | 15.64 |
| 21 tahun | 17 tahun | -2.900 | 6.948 | 1.000 | -23.75 | 17.95 |
| 18 tahun | 2.388 | 3.985 | 1.000 | -9.57 | 14.35 |
| 19 tahun | 4.941 | 3.919 | 1.000 | -6.82 | 16.70 |
| 20 tahun | 3.489 | 4.043 | 1.000 | -8.64 | 15.62 |
| 22 tahun | 7.000 | 5.252 | 1.000 | -8.76 | 22.76 |
| 22 tahun | 17 tahun | -9.900 | 6.948 | 1.000 | -30.75 | 10.95 |
| 18 tahun | -4.612 | 3.985 | 1.000 | -16.57 | 7.35 |
| 19 tahun | -2.059 | 3.919 | 1.000 | -13.82 | 9.70 |
| 20 tahun | -3.511 | 4.043 | 1.000 | -15.64 | 8.62 |
| 21 tahun | -7.000 | 5.252 | 1.000 | -22.76 | 8.76 |
| hardiness | 17 tahun | 18 tahun | -5.561 | 6.015 | 1.000 | -23.61 | 12.49 |
| 19 tahun | -10.909 | 5.971 | 1.000 | -28.83 | 7.01 |
| 20 tahun | -6.648 | 6.053 | 1.000 | -24.81 | 11.51 |
| 21 tahun | -3.900 | 6.910 | 1.000 | -24.64 | 16.84 |
| 22 tahun | -9.500 | 6.910 | 1.000 | -30.24 | 11.24 |
| 18 tahun | 17 tahun | 5.561 | 6.015 | 1.000 | -12.49 | 23.61 |
| 19 tahun | -5.348 | 1.902 | .087 | -11.06 | .36 |
| 20 tahun | -1.088 | 2.143 | 1.000 | -7.52 | 5.34 |
| 21 tahun | 1.661 | 3.964 | 1.000 | -10.23 | 13.55 |
| 22 tahun | -3.939 | 3.964 | 1.000 | -15.83 | 7.95 |
| 19 tahun | 17 tahun | 10.909 | 5.971 | 1.000 | -7.01 | 28.83 |
| 18 tahun | 5.348 | 1.902 | .087 | -.36 | 11.06 |
| 20 tahun | 4.261 | 2.019 | .556 | -1.80 | 10.32 |
| 21 tahun | 7.009 | 3.898 | 1.000 | -4.69 | 18.71 |
| 22 tahun | 1.409 | 3.898 | 1.000 | -10.29 | 13.11 |
| 20 tahun | 17 tahun | 6.648 | 6.053 | 1.000 | -11.51 | 24.81 |
| 18 tahun | 1.088 | 2.143 | 1.000 | -5.34 | 7.52 |
| 19 tahun | -4.261 | 2.019 | .556 | -10.32 | 1.80 |
| 21 tahun | 2.748 | 4.021 | 1.000 | -9.32 | 14.81 |
| 22 tahun | -2.852 | 4.021 | 1.000 | -14.92 | 9.21 |
| 21 tahun | 17 tahun | 3.900 | 6.910 | 1.000 | -16.84 | 24.64 |
| 18 tahun | -1.661 | 3.964 | 1.000 | -13.55 | 10.23 |
| 19 tahun | -7.009 | 3.898 | 1.000 | -18.71 | 4.69 |
| 20 tahun | -2.748 | 4.021 | 1.000 | -14.81 | 9.32 |
| 22 tahun | -5.600 | 5.224 | 1.000 | -21.27 | 10.07 |
| 22 tahun | 17 tahun | 9.500 | 6.910 | 1.000 | -11.24 | 30.24 |
| 18 tahun | 3.939 | 3.964 | 1.000 | -7.95 | 15.83 |
| 19 tahun | -1.409 | 3.898 | 1.000 | -13.11 | 10.29 |
| 20 tahun | 2.852 | 4.021 | 1.000 | -9.21 | 14.92 |
| 21 tahun | 5.600 | 5.224 | 1.000 | -10.07 | 21.27 |
| Penyesuaian\_diri | 17 tahun | 18 tahun | -3.712 | 7.301 | 1.000 | -25.62 | 18.20 |
| 19 tahun | -10.477 | 7.249 | 1.000 | -32.23 | 11.27 |
| 20 tahun | -5.981 | 7.347 | 1.000 | -28.03 | 16.07 |
| 21 tahun | -3.300 | 8.388 | 1.000 | -28.47 | 21.87 |
| 22 tahun | -12.300 | 8.388 | 1.000 | -37.47 | 12.87 |
| 18 tahun | 17 tahun | 3.712 | 7.301 | 1.000 | -18.20 | 25.62 |
| 19 tahun | -6.765 | 2.309 | .062 | -13.69 | .16 |
| 20 tahun | -2.269 | 2.602 | 1.000 | -10.08 | 5.54 |
| 21 tahun | .412 | 4.811 | 1.000 | -14.03 | 14.85 |
| 22 tahun | -8.588 | 4.811 | 1.000 | -23.03 | 5.85 |
| 19 tahun | 17 tahun | 10.477 | 7.249 | 1.000 | -11.27 | 32.23 |
| 18 tahun | 6.765 | 2.309 | .062 | -.16 | 13.69 |
| 20 tahun | 4.496 | 2.451 | 1.000 | -2.86 | 11.85 |
| 21 tahun | 7.177 | 4.732 | 1.000 | -7.02 | 21.38 |
| 22 tahun | -1.823 | 4.732 | 1.000 | -16.02 | 12.38 |
| 20 tahun | 17 tahun | 5.981 | 7.347 | 1.000 | -16.07 | 28.03 |
| 18 tahun | 2.269 | 2.602 | 1.000 | -5.54 | 10.08 |
| 19 tahun | -4.496 | 2.451 | 1.000 | -11.85 | 2.86 |
| 21 tahun | 2.681 | 4.881 | 1.000 | -11.97 | 17.33 |
| 22 tahun | -6.319 | 4.881 | 1.000 | -20.97 | 8.33 |
| 21 tahun | 17 tahun | 3.300 | 8.388 | 1.000 | -21.87 | 28.47 |
| 18 tahun | -.412 | 4.811 | 1.000 | -14.85 | 14.03 |
| 19 tahun | -7.177 | 4.732 | 1.000 | -21.38 | 7.02 |
| 20 tahun | -2.681 | 4.881 | 1.000 | -17.33 | 11.97 |
| 22 tahun | -9.000 | 6.341 | 1.000 | -28.03 | 10.03 |
| 22 tahun | 17 tahun | 12.300 | 8.388 | 1.000 | -12.87 | 37.47 |
| 18 tahun | 8.588 | 4.811 | 1.000 | -5.85 | 23.03 |
| 19 tahun | 1.823 | 4.732 | 1.000 | -12.38 | 16.02 |
| 20 tahun | 6.319 | 4.881 | 1.000 | -8.33 | 20.97 |
| 21 tahun | 9.000 | 6.341 | 1.000 | -10.03 | 28.03 |

**SUMBANGAN EFEKTIF ASPEK HARDINESS**

| **ANOVAb** | | | | | | |
| --- | --- | --- | --- | --- | --- | --- |
| Model | | Sum of Squares | df | Mean Square | F | Sig. |
| 1 | Regression | 4634.425 | 3 | 1544.808 | 52.661 | .000a |
| Residual | 3285.540 | 112 | 29.335 |  |  |
| Total | 7919.966 | 115 |  |  |  |
| a. Predictors: (Constant), Challenge, Commitment, Control | | | | |  |  |
| b. Dependent Variable: Stres | | |  |  |  |  |

| **Coefficientsa** | | | | | | |
| --- | --- | --- | --- | --- | --- | --- |
| Model | | Unstandardized Coefficients | | Standardized Coefficients | T | Sig. |
| B | Std. Error | Beta |
| 1 | (Constant) | 81.867 | 3.446 |  | 23.759 | .000 |
| Commitment | -1.495 | .226 | -.610 | -6.628 | .000 |
| Control | -.311 | .258 | -.114 | -1.202 | .232 |
| Challenge | -.254 | .219 | -.098 | -1.161 | .248 |
| a. Dependent Variable: Stres | | |  |  |  |  |

| **Correlations** | | | | | |
| --- | --- | --- | --- | --- | --- |
|  |  | Stres |
| Stres | Pearson Correlation | 1 |
| Sig. (2-tailed) |  |
| Sum of Squares and Cross-products | 7.920E3 |
| Covariance | 68.869 |
| N | 116 |
| Commitment | Pearson Correlation | -.754\*\* |
| Sig. (2-tailed) | .000 |
| Sum of Squares and Cross-products | -2.435E3 |
| Covariance | -21.173 |
| N | 116 |
| Control | Pearson Correlation | -.619\*\* |
| Sig. (2-tailed) | .000 |
| Sum of Squares and Cross-products | -1.807E3 |
| Covariance | -15.715 |
| N | 116 |
| Challenge | Pearson Correlation | -.556\*\* |
| Sig. (2-tailed) | .000 |
| Sum of Squares and Cross-products | -1.701E3 |
| Covariance | -14.793 |
| N | 116 |
| \*\*. Correlation is significant at the 0.01 level (2-tailed). | | | |  |  |

**SUMBANGAN EFEKTIF KARAKTERISTIK PENYESUAIAN DIRI**

| **ANOVAb** | | | | | | |
| --- | --- | --- | --- | --- | --- | --- |
| Model | | Sum of Squares | df | Mean Square | F | Sig. |
| 1 | Regression | 4342.332 | 7 | 620.333 | 18.726 | .000a |
| Residual | 3577.633 | 108 | 33.126 |  |  |
| Total | 7919.966 | 115 |  |  |  |
| a. Predictors: (Constant), Karakteristik\_7, Karakteristik\_6, Karakteristik\_2, Karakteristik\_1, Karakteristik\_5, Karakteristik\_4, Karakteristik\_3 | | | | | |  |
| b. Dependent Variable: stress | | |  |  |  |  |

| **Coefficientsa** | | | | | | |
| --- | --- | --- | --- | --- | --- | --- |
| Model | | Unstandardized Coefficients | | Standardized Coefficients | T | Sig. |
| B | Std. Error | Beta |
| 1 | (Constant) | 82.654 | 4.393 |  | 18.816 | .000 |
| Karakteristik\_1 | -.515 | .278 | -.153 | -1.850 | .067 |
| Karakteristik\_2 | -.921 | .379 | -.192 | -2.432 | .017 |
| Karakteristik\_3 | -.875 | .295 | -.306 | -2.963 | .004 |
| Karakteristik\_4 | .272 | .368 | .070 | .739 | .462 |
| Karakteristik\_5 | -1.041 | .490 | -.184 | -2.124 | .036 |
| Karakteristik\_6 | .069 | .302 | .017 | .228 | .820 |
| Karakteristik\_7 | -1.112 | .357 | -.234 | -3.119 | .002 |
| a. Dependent Variable: stres | | |  |  |  |  |

| **Correlations** | | | | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  | Stress |
| stres | Pearson Correlation | 1 |
| Sig. (2-tailed) |  |
| Sum of Squares and Cross-products | 7.920E3 |
| Covariance | 68.869 |
| N | 116 |
| Karakteristik\_1 | Pearson Correlation | -.488\*\* |
| Sig. (2-tailed) | .000 |
| Sum of Squares and Cross-products | -1.146E3 |
| Covariance | -9.965 |
| N | 116 |
| Karakteristik\_2 | Pearson Correlation | -.476\*\* |
| Sig. (2-tailed) | .000 |
| Sum of Squares and Cross-products | -786.759 |
| Covariance | -6.841 |
| N | 116 |
| Karakteristik\_3 | Pearson Correlation | -.644\*\* |
| Sig. (2-tailed) | .000 |
| Sum of Squares and Cross-products | -1.785E3 |
| Covariance | -15.524 |
| N | 116 |
| Karakteristik\_4 | Pearson Correlation | -.463\*\* |
| Sig. (2-tailed) | .000 |
| Sum of Squares and Cross-products | -943.983 |
| Covariance | -8.209 |
| N | 116 |
| Karakteristik\_5 | Pearson Correlation | -.564\*\* |
| Sig. (2-tailed) | .000 |
| Sum of Squares and Cross-products | -790.517 |
| Covariance | -6.874 |
| N | 116 |
| Karakteristik\_6 | Pearson Correlation | -.261\*\* |
| Sig. (2-tailed) | .005 |
| Sum of Squares and Cross-products | -518.810 |
| Covariance | -4.511 |
| N | 116 |
| Karakteristik\_7 | Pearson Correlation | -.505\*\* |
| Sig. (2-tailed) | .000 |
| Sum of Squares and Cross-products | -841.517 |
| Covariance | -7.318 |
| N | 116 |
| \*\*. Correlation is significant at the 0.01 level (2-tailed). | | | |  |  |  |  |  |  |
| \*. Correlation is significant at the 0.05 level (2-tailed). | | | |  |  |  |  |  |  |